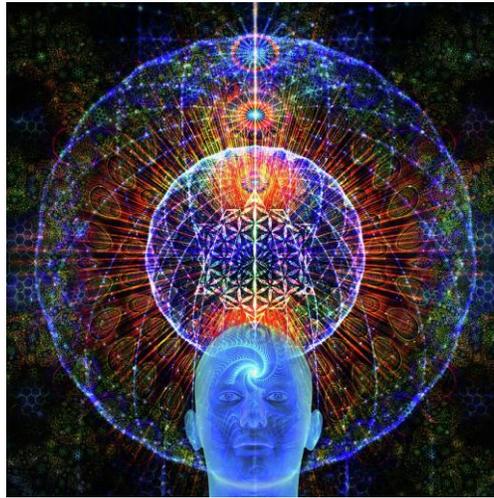


**ENERGY REPORT APRIL 2022 -
ACTIVATING HUMAN POTENTIAL AND ENERGETIC HEALTH AND SAFETY**

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Translation: Marta



In some passages of the text I do not write directly for obvious reasons. To illustrate some phenomena better, I use the description of dual reality and the Earth calculation of time, although everything is happening non-dually in the now, anyway. I present some processes in the simplest possible way, so that they are understandable. Those who need to understand the text, will understand without any difficulties. The text is meant to be read with the Heart.

March showed distinctly the intensification of the phenomena I wrote about in the March report in regard to the final separation of timelines. First of all, the first tangible stage of planetary ascension took place, which is the process of scanning reality with a wave of specific light, in order to install in every being the permanent and unchangeable signature of a specific timeline. This happened right at the beginning of the second half of March. People who are sensitive could clearly feel this in their bodies (I wrote more about this in the March report).

Because we are still living in a dual reality, so the process of ascension was also - to the contrary - balanced by low-vibrational events. It is no coincidence that the actions at our neighbours were preceded by the installation of these permanent time line signatures at individual humans. Moreover, I have already mentioned the intensification of these seemingly illogical activities in previous reports.

As you might have already noticed, I look at processes holistically, with the need to understand them, without judgement. And so I try to describe them in a more understandable way for the receivers. And that is also the intention in this part of the report.

Many people asked me back in February about the situation with our neighbours. At this point, I want to emphasise once again that there was not and still is not (even at this point) any potential for this situation to expand into Poland. In the following weeks the situation should "dissolve" and then gradually (still in spring) simply "dissipate" (just the same way the most popular ailment of the last two years disappeared suddenly two days before those events). The word "dissolve" is most adequate here.

The purpose of these events - at the level of the entire Matrix - was the counterbalance for the first stage of the ascension of humanity. And also the desire to lower the energetic level of people. First of all to gain an extra portion of low vibration energy for the dark side. And secondly to influence which specific timeline signature a person will receive. It is important to keep in mind that the goal of the low-vibrational beings is to keep as many people as possible on the 3D timeline. This is because every such human is an energetic feeder for the dark side.

I will also add that the real situation in our neighbours is far from the one that has been created and that many people have in their minds. It is not only about international issues, but is taking place on an inter-racial and supra-planetary level. Indeed, it concerns the control of our Planet.

I empathise fully with the stories of individuals who have experienced such a situation in their lives. However, I look at the phenomena and processes that are beyond this. Because only their disclosure and understanding can bring a real change. Revealing them is yet to come. And they will be surprising to many.

As we are going to face the second stage of the planetary ascension in early autumn, therefore - to counterbalance this - at the end of the holiday the anxiety scenario (only that in a different place or concerning other issues) will be generated again. I will write about this stage in advance in upcoming reports.

The events in our neighbourhood are a kind of test for every being to see how well it has done its lesson of the last two years. The lesson concerns credulity and the free transfer of one's own energy. It is also a test of how much one has the vibration of the Truth already anchored in one's own heart and how much one is focused on one's inside (and how much still looks for information in the surroundings and generates low emotions in contact with outer events).

I will also add that on the non-material plan of our Planet the end of March was also very intense (by the way, the first half of April will be similar too). In connection with the disintegration of the Matrix, the low vibrational side started to intensify its actions in order to prevent or delay it. A very high energetic pressure can be felt in the extra-material space, as if an escalation between the two systems of post-earthly forces. A kind of "calm before the storm".

It is likely that many people have also noticed the different sun, temperature anomalies (such as in Antarctica) and weather phenomena associated with the sun, which are unusual for this time of year.

On the one level, this is related to the melting of the energetic layer above the Earth, but at the very same time to a strong effort to replace it with something else that is equally blocking. But also the technologically and consciously arranged next topic for the year 2023, which is supposed to be (after the popular illness and the situation between neighbours) climate change this time.

The March events which begin the definitive process of separating timelines, will bring in April, on the one hand, an intensification of polarization among beings and events which are on separate timelines, but at the same time they will also bring an intensification of coherence and unity between beings and events that are on the same timeline. This is (1) **a process of exterior separation** and (2) **a process of interior integration**.

This is exactly the same phenomena that everyone will be able to observe in their own lives. To be precise, this means an increasing polarisation and separation of that which is no longer useful and an inner integration within what is in harmony with the direction of the Heart. This involves an increasing courage to express one's own opinion (but also to respect the different opinions of others) and to take decisions and actions to manifest one's own potentials.

There are currently **three groups of people** vibrating in different frequencies:

1. Beings whose dominant vibration is fear and they remain in the victim pattern. Their whole attention is turned outwards. They function mainly in the space of the patterns specific to the first and second chakras. The first chakra is about fear to survive, fear for existence, fear for territory, fear for loved ones - generally: fight or flight, but do something to survive. While the second chakra is about external conditioning, punishment and reward, the "what will others say" pattern, and so on. The beings in the first group are not energetically self-sufficient and consume the energy of others.

2. Beings, in which the dominating vibration manifested willingness and activeness in action, although they may experience fluctuations in the level of energy, well-being, also emotions. In this group the energy decreases are, however, temporary. These people are self-sufficient in energy, but they can be given (when they lose attention) to energy disturbances coming from the space and from the people of the first group. Ultimately these beings - after raising their consciousness - will move/transfer to the third group.

3. Beings who have incarnated here in order to anchor the vibration of the Heart (of Unconditional Love) in the space and to raise the level of vibrations in others. The major focus here is to support the global changes that are happening. These beings are stabilizing the space energetically and helping the beings of the other group in the process of their awakening.

April is the second month of the planetary ascension manifesting. In fact, in the last week of March, a very intense wave of light began to arrive to our Planet, which activated (3) **the process of intense changes within the human DNA**. This wave and its effects will still be present during the whole of April, even until the beginning of May.

Those who are sensitive can now feel their body in a different way than usual. Cold-like (even flu-like) symptoms can be quite common, but without fever (or at most with a sub-febrile state). But there is also a high need for sleep (and at the same time a deep healing sleep). Or a feeling of general (physical) tiredness, with a general mental well-being. An intensive flow of energy through the crown and third eye chakra to the heart is also felt. During this period it is worthwhile to take care of your rest, proper body hydration and contact with nature.

On a physical level, these processes in the upcoming weeks will bring a higher sense of lightness in the energetic and physical body, a stabilization of one's mood and lack of fear, a sense of focus on your inner self, a subjectively perceived less need for sleep (sleep will become very regenerating and therefore the number of hours of needed sleep will be reduced). For many people the following weeks may also bring a significant increase in the capacity for extrasensory perception and a full sense of being a spiritual being in a human body (please write how it is for you in terms of this perception, I would be grateful for your comments).

The changes within the DNA will also give people the ability to receive an increased amount of information in the nearest future. In fact, it is this increased perception of information that will bring a very big leap in consciousness in the following weeks, but will also give a very strong potential to make personal changes and to let go of that which no longer serves any purpose.

In the material space it will be manifested by a visible large wave of awakening (the process of awakening of a new group of beings will last the whole spring). This will be particularly true for those in the second group, who have activities valuable to other people and to space in their potential.

A lot of people will start to notice the incoherence in their perception of reality in April. They will also start to notice the media falsity and will start to look beyond the matter (they will feel a deep inner need to understand who they are and what their purpose is here).

I have already mentioned this in past reports, but each person has (if they have one in this incarnation) their own awakening timer. Not everyone is ready for change at the same time. It is not possible - although we would like very much - to awaken someone by force. The awakening is the result of an internal process initiated by the incoming codes of light which are compatible with the codes of a particular person. Although, of course, sometimes sudden external events also proceed this awakening (I wrote about two different paths of human evolution: through the base chakra and through the third eye chakra in previous reports).

In April there will also be continued (4) **process of revealing the Truth**. The vibration of Truth will gradually disturb the plans of low-vibrational structures. These incoming waves of Light will begin to intensify everything that is high vibration and that is based on higher values (the common good) and to disarm everything that is low vibration (based on individual profit at the expense of others). This is indeed the perfect time to follow your Heart and start taking actions which are anchored around high vibrational qualities.

For that reason, a lot of people who still haven't made the decision about changes will, on the one side, experience more discomfort with whatever is vibrating in their lives and which is based on falsehood (in other words, does not serve personal development). On the other hand, their inner readiness and courage to make a decision and to follow their own way, will grow.

The Global Matrix Of The Development Of Consciousness is manifested in such a way that every human being, within his/her own Personal Mastery, has talents and gifts, the realization of which on the material plane gives access to the full abundance of life. **The perfect time for personal changes - especially in the professional area - is now**, and it depends only on the individual being's readiness to how much he or she will use this potential.

The awakening of more and more people causes a growing number of beings to realise that **in the modern world and in life, the basic currency is not money at all. In fact, it is personal energy**. For this reason, at the end of the April report, I would also like to remind you of the basic rules of energetic health and safety, especially important now and in the nearest future.

The powerful dose of Light coming in April (and the beginning of May) will be recharging and strengthening people, also on the physical level. However, it is very important how deeply a human is in a direct connection with the Source, and how much between him/herself and the Source there are (with his/her own consent and on his/her own - though not always realized in the earthly life - wish) "intermediaries", beings and various low-vibrational egregors using his/her energy.

If a person has a direct and only connection with the Source, then all energy goes only to him/her. But otherwise, the energy primarily feeds what is "in between". This is why it is very important to release and disconnect from any energetic, low vibrational dependencies that you have ever agreed to. This is worth remembering, especially now.

Whereas 2020 was a time for thawing out old patterns, 2021 was a time of learning and testing a new way of thinking and acting, 2022 is already the final maturity exam. Which you only pass once and there is very little room for improvement. That is why it is so important to manage your energy in a conscious and thoughtful way. You have to remember that energy follows attention.

The first trap is external information. Specifically related to what is happening in the external world at the moment. It is not about ignoring reality, but about not giving your attention and energy to what is outside (especially in the area of events). Moreover, this information has little to do with the real process of events and the vibration of the Truth.

As the waves of light continue to flow in, more and more people become more and more unwilling to direct their own attention to the outside world, because the inner Truth feels that this lowers their energy level. And as a result - collectively - it also lowers the energy of the whole. The guide here is your own inner self.

The second trap is the group meditations which have become fashionable on the Internet recently. Many of them are used to collect energy from the participants, and this energy does not go where it is supposed to. It is worth to remember that especially nowadays "collective" energy is in high demand.

I want to be well understood here. I am not questioning the power of collective intention when a group of high-vibrational beings meditate (for example, shamans, each of whom knows exactly what they are doing and why they are doing it, are energy-conscious, without attachments, all of whom know each other well, and the field is fully protected from outside interference). I only refer to online group meditations. My goal is neither to encourage nor discourage this type of activity - but only to highlight a conscious decision to do so.

You may find the following checklist of questions helpful in making a decision about your own participation in such an online event. If the answer to any of the questions is "no" or "I don't know", there is no warranty as to the destination of the meditating person's energy. When considering your decision to participate, it is also worth letting go of wishful thinking such as "I trust the person leading knows what he/she is doing", "the leader said we are safe", "I know the one leading from alternative media", and so on. These are the questions:

1. Do I know all the participants of this meditation? Do I know what energy structures are standing behind each of these participants?
2. Do I know the level of vibration of each participant (is it the vibration of truth or the vibration of falsehood)? For it is enough that one person from the whole meditating group vibrates in false and already provides a perfect access point for the low vibrational side to the energy of the whole meditating group.
3. How can I be sure that my energy field will be protected after connecting with the other participants? What is my knowledge of the energy behaviour of the other participants in the meditation? (e.g. unauthorized energy intake from others, feeding dark energy to others, and so forth - these are only a few examples).
4. What guarantee and knowledge do I have about the ability of the leading person to maintain and secure the field? (it is helpful to separate declarativeness, even in the good intention or unconscious of the instructor from the actual capabilities of this person).
5. What knowledge do I have of the leading person's spiritual genotype, his/her energy structure and the energy structures that stand above him/her and perhaps affect certain behaviors of the leading person? (It is important to separate the on-air image from the real state).

It is also necessary to remember that if a group meditation (although in this case it also relates to individual practices, including the creation of intentions) is for the intention of something that is felt to be a lack by the participants, it creates a consolidation of this lack. This is happening because it is still being stuck in the ego-mind (I wrote about the process of creation from the level of the mind and the level of the heart in the March report).

The most secure (in the sense of guaranteeing the sending of energy in accordance with personal will) for the meditator are individual meditations, in a direct connection with the Source. Of course, the will of the critical mass of people is important. But again - as independent meditators, each in their own personal and DIRECT connection with Source.

Relatively safe may be meditations with completely recognized persons (but in a closed group with proper protection of the meditating field). And finally, it is also much more effective than acting "in intention" (where it is still a creation from the ego-mind but based on higher values) to simply become that for which you meditate (creation from the level of the Heart). So instead of meditating with a specific intention, it is more effective (for the Space) to make sure that you have exactly that vibration in your heart (to be that which you are meditating for).

I also encourage you to read the earlier series of energy reports available at <https://architekturaosobowosci.wordpress.com/>. They not only carry information, but most of all, they anchor new energies in people and allow you to maintain a higher vibrational level.

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