

**ENERGY REPORT January 2023 -
THE CONCIOUS OPERATING OF YOUR OWN POWER**

Anna Architektura, Architektura Osobowości

Translation: Marta



In some passages of the text I do not write directly for obvious reasons. To illustrate some phenomena better, I use the description of dual reality and the Earth calculation of time, although everything is happening non-dually in the now, anyway. I present some processes in the simplest possible way, so that they are understandable. I focus mainly on the events of the ascending line. Those who need to understand the text, will understand without any difficulties. The text is meant to be read with the Heart.

1)

At the beginning, **a synthetic summary of December.**

The key process which was started in December, was the full awakening of human power. This process initiated in people a different view of their own agency. It brought the realization of one's own power, freedom, but also the following responsibility for what you feed with your attention and to what you turn your energy. **This process has also provided the foundation for phenomena that will manifest throughout 2023 and will be related to the redefinition of values and starting real action, to change the reality in which we live.** (I will write about the leading themes for 2023 in Wishes for 2023). December was a month of strongly turning inward, to one's own inner self. At the same time, the changes that were taking place were firmly rooted in matter (the entire planet and human bodies, especially its hard parts - the bones).

In December, **the acceleration of time was felt again.** This is the result of the intensity of transformational processes and the accelerated anchoring completely new patterns (this especially began to be noticeable from the 11th of December).

With the aim of organization, I synthesize what was happening in the energies in December (from the time of publication of the previous report on 26.11 until 22.12, when I publish this report for January).

November 28th and 29th - an inflow of strong energies regenerating and revitalizing the circulatory system. In people who are sensitive there was a strong feeling of the heart chakra, and on the physical level a possible tingling throughout the body.

December 1st (from about 22:00 European time) - beautiful golden energies began to flow into the planetary space. Their accumulation was on December 5th. And the purpose was to purify the planetary field. They were strongly felt also in human bodies at the cellular level as a tingling sensation. Their purpose was to generate space for creating new solutions and prepare for releasing old ways of thinking.

From 2nd (the evening hours of European time) **to 5th December** - the opening of a portal enabling the removal of all what is no more in service. So in some people, this could result in a perceptible feeling of lightness, less density and a release. While in others (holding on to what is old) fear, uncertainty, resistance and even anger. It was also a time of implanting new ideas, directions, projects in one's energy field. On the physical level, you may have felt dizziness, problems with the labyrinth, gaps in association, slowed reactions or weakened perception.

December 5th/6th - further raising the vibration of the earth field, but also of the collective consciousness. With regard to individual sensations, it was possible to experience oversensitivity of the body, but also high internal tension. On the physical level, it was possible to experience a freezing cold, sudden fatigue, lack of vitality, need of sleep. In addition, a noticeable headache (such as tinnitus, oversensitive or burning eyes, pain in the jaw or facial bones).

December 7th - in people who are on the ascending line of very high lightness, clarity of mind, high luminous energies felt, but also burning heat in the legs. In people on the falling line overwhelm, a sense of hopelessness, entropy. In each person it was a kind of "summary" of his personal processes completed from September to November.

December 8th - the Full Moon, which brought possible sleep problems, restlessness, nervousness, less patience (even quarrelling) in relationships. Many people could feel stubborn thoughts referring to the past on this day. Also from that day the process of realizing one's own current situation, one's resources and capabilities, began. This is the moment of standing in Truth with oneself.

December 9th - 11th - further purification and raising of vibrations in the mental space (both collectively and individually). Preparation for the period of December 12th-21st. It was a very pure, even crystal energy with a lot of luminous codes. On the physical level, it was possible to feel a strong pressure on the top of the head, then tingling throughout the head, also the so-called "heavy head." On top of that, some people could feel disturbances in the heart chakra with accompanying anxiety.

In the collective space at the time, I also noticed attempts by the low-vibrational side to interfere with the ascending timeline. This may have caused additional anxiety and lack of harmony. I would add, however, that these actions have no more power, although some people still are caught up in them.

From December 12th-21st, the real process of transition to the new 5D reality began. This multi-dimensional shift applies both to our Planet, its energy field, its consciousness grids, through the collective human consciousness, and finally to individual people: their bodies, auric layers and their individual spiritual aspect. This is a time of finally releasing from all which no longer serves and opening to the new.

The period of December 12th - 21st is such a prelude to the processes that will manifest during the whole of 2023 (I will write more about this in Wishes for the New Year and the next Energy Reports for 2023).

December 12th-13th - in some people (with previously assembled complete 12 strands of DNA) began **the full activation of bodies of silicon**, which lasted for the following days (until the peak on December 21st). On the energetic level during those days, this gave strong sensations from the crown chakra to the heart chakra. And on the physical level, it may have caused temporary flu-like/cold symptoms. At the same time, in the Space, I observed increased energy attacks precisely on the heart chakra and throat chakra.

December 14th - energies from as many as 10 sequential (practically hour after hour) M-class solar flares reached the Earth, one of which had an intensity as high as M6. All of them together gave a nice cleansing and further vibrational uplift of human bodies. On the physical level, it could first give sensations of dizziness, general weakness, problems with the labyrinth, and then heat in the body, an increase of the power felt and a strong flow of energy.

December 14th began the real preparation for the processes that will start in the spring. For many people, this means in the coming weeks, a conscious resignation in certain (though good - in the sense: functional) resources/activities that simply are no longer needed (or even cause unnecessary ballast), considering the coming spring. These could be contacts, relationships, places, but also items, ways of doing something, etc. On that day, too, there could be messages, phone calls or personal attempts to contact from long-lost people (especially from a different timeline). In this way, Space showed what still needs to be cleansed, released. What's more: the attitude of "I'll wait a little longer, this might work for me" also began to produce immediate effects in the form of loss of energy, feeling of stagnation, being stuck, unnecessary nervousness, etc. This is similar to an over-loaded cart that is simply difficult to pull anymore. So it's a good idea to clean up your space in the following weeks of what is no longer and will no longer be needed.

December 15th - 16th - Solar activity brought a second series (this time 9) of M-class solar flares on December 15th, the largest of which was of M5 intensity. And on December 16th - 8 flares, the largest of which had an intensity of M4. Such an intensity has not been seen for a long time. The whole thing closed on December 17th with a single (already weaker) M1 flare.

Because of this on **December 18th** - another portion of high-vibrational energies reached our Planet, which literally scorched the low-vibrational timeline. For me personally, it reminded of cleaning a filthy surface with a carburettor.

December 19th - December 20th - further recharging of energies. In the physical body, the skeletal system (the entire spine, hips, shoulders and joints in general) was particularly felt this time. A number of people may have experienced themselves that day as being heavy, sore, even "crushed" by the "too dense" skeletal system. But the biggest changes occurred in this system. The sensation stopped on December 20th, but tiredness may have appeared, and at the level of needs, an increased desire for sweet and liquid (such as juicy sweet fruit).

December 21st - the apogee of the activation process of silicon bodies. This process had already begun on December 12th. This time, however, it was possible to feel complete fusion at the level of all systems/instruments. It was reminiscent of first dissolving the individual elements into a unitary substance, and then merging into a unified "structure" with the heart chakra strongly emanating. This brought an absolute calm, a sense of fullness, relaxation and inner silence combined with a grand sense of power and enhanced cognitive, perceptual abilities (better focus of attention, wider and fuller perception, faster association, better concentration).

As of December 22nd - the reverse process of the last six months (summing up and reflections after the 2022 cycle) began, i.e. preparation and then opening for a new cycle in 2023.

2)

Strong energy inflows in December resulted an awakening of people's personal power (I wrote about this process in a previous report). **January**, on the other hand, will bring two **crucial processes** which will be (1) **realizing one's own power** and (2) **learning how to operate one's own power consciously**. These are the essence of the changes that will take place throughout 2023 and the following years.

However, to consciously operate one's own power, one first needs to realize that has the power. These are the themes for January.

Awareness of personal power gives a man personal freedom, as one moves out of the pattern of victimhood and becomes a creator. **Personal freedom and the power of creation are directly related to personal responsibility and anchoring in the matter**. It is impossible to be free and have power, without taking responsibility for it, although probably a lot of people would still like to do so.

Stepping into the field of power is preceded by realizing one's entire dual spectrum in the field of patterns. That is, both fully seeing and accepting the so-called "shadow" (acting from the level of personal motivations) and fully recognizing one's abilities and talents (acting based on higher principles). At the same time, consciously selecting actions from the level of the second one (based on higher values). Only then does a person become a complete being and begin to accumulate personal power. And also ascends to higher and higher levels of consciousness and spiritual development. All of this, as a consequence, gives more and more agency.

Space is structured in such a way that **access to real personal power is available only for those who can use this power responsibly**. (I immediately anticipate here the question of how it is possible, then, that low-vibrational beings have causal power. They have, because humans allow them to do so, by giving them their personal power. These beings by themselves DON'T have ANY personal power or the power is really insignificant. This is because that power depends on the level of consciousness).

Realizing your personal power will then create curiosity related to how to use that in a conscious way. **January will bring a quite big change in terms of what people will direct their attention to**. From the collective level, this will weaken low-vibrational structures and strengthen what is high-vibrational. And from the personal level - it will result in making preparations for real actions and changes in the matter from March 2023 onward. Briefly: people will start preparing to courageously implement in the spring, what they have been thinking about for a good number of months (these were the processes related to autumn 2022 - I wrote about them in previous reports).

To use your power consciously for what you need, is to link the vibration of the heart with a specific and precise thought on what the power is supposed to be directed to. The heart vibration gives creation, while the mental vibration (thought) creates the most appropriate structure for manifesting in life what one desires. It also requires a certain level of personal power (the density from which creation occurs). And all of this depends on the level of consciousness. **This is why personal development is so important. To have real power of creation.**

It is also necessary to separate creation from the level of the heart, based on abundance, from "wanting", which is from the level of the ego-mind. The second one is always based on a sense of lack and is related to fear. So it refers to what one doesn't want or doesn't have (in which case the unwanted scenario is fuelled with energy or the lack is intensified). This is the reason, why so many have created destructively or ineffectively until now.

3)

The conscious operation of your own power is also related to the complete (first on a personal level, and then on a collective level) **taking responsibility for the existing state of the reality on our Planet** (for the previous creation).

Thanks to strong energy inflows in December (but also in January), **more and more people are, and will be able to realize, that all that is happening on Earth is the ONLY creation of human collective programs (including the low vibrational side)**. That mankind as a whole is the creator of the situation on Earth, not its victim. **This impulse in the coming months will cause people to stop waiting for "salvation and ascension"** (as it has been so far), **but to change their own perception and the way they direct their own attention/energy to constructive thinking and actions**. This switch of focus from victim to creator will activate a higher level of power in people.

As a result, people will take real action in a constructive way to get what they want. They will also stand up for their collective cooperation. Besides, as I mentioned at the onset, **redefinition of values and collective cooperation are the themes of the entire year 2023** (redefinition of values is the theme of the first half of 2023, while collective cooperation is the theme of the second half of 2023).

A SMALL BUT SIGNIFICANT DIGRESSION: People wrongly perceive the Ascension as a collective process that "will come." And which they are waiting for. This is a pseudo-spiritual illusion. **The Ascension process is an individual process**. Each individual Being that is in its own personal growth. **Only Beings who are aware of the power of their own creation and who realize creation in a constructive way, are then able to enter into cooperative relations with each other. In order to achieve a specific collective goal. Only then does Ascension begin to take on a collective way**. What's more: this collective thinking and acting towards the realization of common goals for all humanity in the future, will lay the foundation for the formation of an Earth Civilization respected in Extraterrestrial Space.

4)

January will bring one more **process related to highlighting topics, that need attention and that have been neglected until now. These topics will now be strongly felt. To the point that it will be impossible to ignore them**. The purpose of this process will be bringing balance to all auric levels in humans, to make further harmonious development possible. This is because when this balance is not present, the neglected areas will hold back on such development (for example: if the body starts to get sick or a person feels unwell, it is difficult to take life "to the fullest").

So, for example, if someone has mostly developed in mental way so far, and has neglected the body, he or she may face situations that will even force to stop and take care of just the body. Or if someone has spent most of his time at work while neglecting his family, he may face situations that even force him to redirect his attention to relationships, etc. Similar processes affect people who have directed their attention to inappropriate (in the sense: incompatible with the soul's plan for this incarnation) activities in the professional sphere (for more see the psychological-energetic profile and the Personal Power Profile). These are, of course, only examples, as everyone may experience these energy harmonizations in their own personal way. But it is worth being mindful of it.

5)

And finally, the last huge process I have identified in Space, which will begin in January (but is related to the next few years) is the beginning - on a larger scale - of individual contact with Earth-friendly extraterrestrials. (I am aware that what I am writing now may sound like science fiction for many people, however, this is what is happening. I point out that I am writing very briefly and so that can be understood).

Due to the fact, that there is a current agreement in extraterrestrial space about non-interference of higher developed civilizations, in the matters of a planet at a less developed level, direct and open collective intervention/contact are not possible (in some cases, the exception is a real danger for existence on a planet, or a risk to the life of a civilization - but Earth is not facing that at the moment). For this reason, waiting for "alien rescuers to arrive and liberate Earth, and then take people in spaceships to another planet" is another fiction keeping people helpless and passive in the victim frequency. Besides, this has already been done in the history of mankind and did not work (and only perpetuated the cult of extraterrestrial gods). In my understanding, collective contact - at least in the upcoming years - will not happen. It will be possible only when humanity begins to be perceived in extraterrestrial space as the Earth Civilization (i.e., a human collectivity working towards common goals for the whole Earth). However, there will be individual contacts.

Earth-friendly civilizations have a real interest in what is happening on our Planet. For this reason, they have found a "workaround" for this non-interference treatment. First, they sent their representatives to Earth, the so-called "star seeds", which began to incarnate in human bodies. This includes Arcturians, Pleiadians, Andromedans, and many others. Some of the stellar seeds arrived very recently, but some of them have been on the Earth for a very long time and are familiar with the conditions here. And those are the kind of beings, who woke up first, in order to help others now.

Starseeds that were sent to the Earth have a natural connection to the civilization/density from which they came. And they are the most frequently contacted by extraterrestrial civilizations/beings (but a caution: don't confuse this with channelling). However, they do it in a way that does not violate the no-interference treaty (because it does not involve an "earthly" Earthling, but an extraterrestrial being incarnated in a human body). This can be either direct contact (e.g. using instant communications or the Internet to transmit important information), but it is also contact during sleep. Another form of contact (not direct) is to influence ideas and concepts that arise in the mind, which can then be implemented as a new technology or innovative solution useful to Humanity (but coming from certain higher developed civilizations/higher densities). These are examples, of course, but there will be increasing numbers of such, in the years to come and beyond. Which I wish for all of us from the bottom of my heart.

With love – Anna Architektura, Architektura Osobowości

I also encourage you to read the earlier series of energy reports available at <https://architekturaosobowosci.wordpress.com/>. They not only carry information, but most of all, they anchor new energies in people and allow you to maintain a higher vibrational level.

Contact:

<https://architekturaosobowosci.com/> (contact form)

FB: Architektura Osobowości

e-mail: profil.architektura@gmail.com